

OUR FELLOWSHIP

ATLANTIC NORTH REGION

Atlantic Canada Area,
DC/Maryland/Northern
Virginia Area,
Massachusetts Area,
New York Area,
Northern New England
Area,
Pennsylvania/New
Jersey/Delaware Area,
Quebec Area,
Southern Ontario Area



We're Here and We're Free™

CONNECT WITH YOUR AREA TODAY!

Atlantic Canada Area
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New York Area
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<https://canewyork.org/>

Northern New England Area
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Pennsylvania/New Jersey/Delaware Area
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Québec Area
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Southern Ontario Area
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2023 ATLANTIC NORTH REGIONAL CONVENTION
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COCAINE ANONYMOUS



A N R C 2 0 2 3

MIRACULOUS DEMONSTRATIONS

WELCOME TO TORONTO

The purpose of the Atlantic North Regional Convention is to promote enthusiasm and unity within the Fellowship of Cocaine Anonymous, and financially support the local Area's effort to carry the message to the addict still suffering.

FRIDAY, OCT 13, 2023**5:00 PM** Convention Doors
Grand Ballroom Open for Registration**6:00 PM** Unofficial Early
Social Centre Bird Speaker**7:00 PM** Meet and Greet/
Social Centre Patio Ice Cream Social**8:00 PM** Opening Ceremonies
Main Room Chairperson: Colin C**8:15 PM** Thierry F, Yonkers, NY
Main Room Chairperson: Pavan K**9:15 PM** Fellowship Feud
Main Room Elimination Tournament**10:00 PM** Cigar Meeting
English Garden Patio Chairperson: Parthi T**11:00 PM** Late-Night Sex
Marathon Room Conduct Workshop
Terry M, Edwina S, Thierry F
Chairperson: Jacqueline T**4 PM - 12 AM** Hospitality Suite
Social Centre**SATURDAY, OCT 14, 2023****8:30 AM** Morning Meditation/Yoga
Main Room**10:00 - 11:00 AM** Donna M, Phoenix, AZ
Main Room Off the roller coaster -
Family member's story
(Co-Anon)
C.A has no affiliation with any other
12-Step Fellowship including Co-Anon
Chairperson: Sherry M**11:00 - 11:30 AM** Break**CONT' SATURDAY, OCT 14, 2023****11:30 AM - 12:30 PM** Andy S, PA/NJ/DE
Main Room Intro - Steve S,
Chairperson: Paul L**12:30 - 2:00 PM** Break**2:00 - 3:00 PM** Ashley A, SOCA
Main Room Chairperson: Meagen B**3:00 - 3:30 PM** Break**3:30 - 4:30 PM** Jesse G, SOCA
Main Room Chairperson: Dan S**5:30 PM** Banquet Doors Open
Banquet Hall**6:00 PM** Banquet
Banquet Hall**7:15 PM** Live Auction/Announce
Main Room Winners of Raffle Draws
Chairperson: Maddie and Team**8:30 PM** Edwina S, Dublin, Ireland
Main Room Chairperson: Colin C**9:45 PM** Crazy Canadian Sobriety
Main Room Countdown Eh!
Chairperson: Paul L**11:00 PM** Cigar Meeting
English Garden Patio Chairperson: Parthi T**11:00 PM** Dance Party
Main Room**8 AM - 12 AM** Hospitality Suite
Social Centre***SPEAKERS AND WORKSHOPS WILL BE RECORDED*****SUNDAY, OCT 15, 2023****8:15 AM** Morning Meditation
Marathon Room**9:30 AM** Brunch
Upstairs
Dining Room**11:30 AM** Terry M, Phoenix, AZ
Main Room Chairperson: Kim C**12:30 PM** Closing Ceremonies by 2023
Main Room ANRC Chair Welcome 2024
ANRC PHILLY Closing Circle
Chairperson: Russell E**8:00 - 11:00 AM** Hospitality Room
Social Centre**MARATHON MEETINGS****Friday****9:00 PM** - Final Straw**10:00 PM** - No Rock on Brock**12:00 AM** - Naturally High Park**Saturday****8:00 AM** - Drop the 8 Ball**9:00 AM** - No Coke in Etobicoke**10:00 AM** - PI Rocks Road Show
(Public Information Workshop)**1:00 PM** - PA-NJ-DE Area - B.Street Solution**4:30 PM** - Quebec Area -
Montreal District 2 Meeting**6:00 PM** - Sober in Sauga**11:00 PM** - SNL - Saturday Night Live**12:00 AM** - NY Area -
Chelsea Serenity Step Meeting**1:00 AM** - Lady Gang**Sunday****9:00 AM** - Sudbury Solution Group**10:00 AM** - Cross The Line*Each CA Group presents its regular meeting
format to showcase how they carry the
message to the addict who still suffers.*