

PROGRAM SCHEDULE

NOTE:

All Speakers and Workshops are held in the Ballroom A-B-C unless otherwise noted.

FRIDAY November 5, 2004

5:00 PM - **Conference Opens**
Registration Begins

8:00 PM - **Opening Ceremonies** (Chair: Raymond W.)

* 8:15 PM - **Opening Speaker** (Chair: Deanna H.)
Paul V. (New York)

10:30 PM - ENTERTAINMENT - DANCE

SATURDAY November 6, 2004

10:00 AM - **Workshop - Relationships** (Chair: Helen G.)
Panel: Carrie E. Kevin H. Liz S. Denise M.

* 12:30 PM - **Local Speakers** (Chair: - Peter W.)
Sarah C. (Toronto)
Mike C. (Hamilton)

* 2:30 PM - **Workshop - Step 4 - Personal Inventory**
Leader: Leon M. (Chair: Doug C.)

5:30 PM - **Banquet Hall Opens**

6:00 PM - **Banquet Served** (Grace: David L.)

7:15 PM - **Auction** (Hosted by David Kl.)

* 8:30 PM - **Keynote Speaker** (Chair: Patty B.)
Denise M. (Los Angeles)

10:45 PM - ENTERTAINMENT - MOVIE

RECORDINGS:

All Speakers and Workshops
marked with * available for purchase

SUNDAY November 7, 2004

11:00 AM - **Brunch**

12:15 PM - **Sobriety Countdown** (Chair: Jim J.)
2005 Logo Selection

* 12:30 PM - **Closing Speaker** (Chair: Geof S.)
Leon M. (Los Angeles)
(Strange)

Closing Ceremonies

PLEASE NOTE: "Workshops are not meetings of Cocaine Anonymous. The opinions expressed in workshops are those of the speakers, leaders, and participants and are not necessarily representative of Cocaine Anonymous as a whole."



TORCA VIII SOUTHERN ONTARIO AREA CONVENTION NOVEMBER 5, 6 & 7, 2004

Info: 416-927-7858 1-866-622-4636
Internet: www.ca-on.org.

HOSPITALITY ROOM: Essex Lounge
Coffee, Refreshments & Fellowship

MARATHON MEETINGS

All Marathon Meetings are in the Courtyard Room

FRIDAY November 5, 2004

6:00 PM - Living in the Moment
7:00 PM - Honeymoon Stage (Pink Cloud)
10:00 PM - Letting go of the Past
11:00 PM - Being Alone

SATURDAY November 6, 2004

12:00 AM - Will I ever be Entirely Ready?
1:00 AM - Pain in Recovery

9:00 AM - Compulsiveness
10:00 AM - Similarities not Differences
11:00 AM - The Great Fact: A Vision For You
12:00 PM - ABC's of Recovery: B.B. pg. 60
1:00 PM - Openmindedness
2:00 PM - Hope Faith and Courage
3:00 PM - Steps 1, 2, 3
4:00 PM - Cunning, Baffling, Powerful
5:00 PM - Learning to Deal with Anger
6:00 PM - Patience and Tolerance
7:00 PM - Forgiveness (starting with yourself)
11:00 PM - Step 5

SUNDAY November 7, 2004

12:00 AM - Balance
1:00 AM - Expectations

9:00 AM - Depression in Recovery
10:00 AM - Step 11
11:00 AM - Gratitude