

# **STATEMENT OF PURPOSE**

The purpose of the Area Convention is to promote enthusiasm and unity within the fellowship of Cocaine Anonymous, and financially support the local Area's effort to carry the message to the addict who still suffers.

## **PHONE NUMBERS**

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# **SOCA 2009**

**SOUTHERN ONTARIO  
COCAINE ANONYMOUS**

## **13th Annual Convention**

**PROGRAM  
SCHEDULE**



Visit us at [www.ca-on.org](http://www.ca-on.org)  
Info: 416-927-7858  
Toll free: 1-866-622-4636

## SPEAKER & WORKSHOP MEETINGS

FRIDAY NOVEMBER 6, 2009

### Main Ballroom

- 8:00 P.M. - **Opening Ceremonies** – Steve V. (SOCA Chair)  
8:15 P.M. - **Opening Speaker** – Eleanor S. (Montreal)  
Chair: Kim C.  
10:30 P.M. - **Entertainment** - Jeopardy 1<sup>st</sup> Round (MC – Cameron F.)

SATURDAY NOVEMBER 7, 2009

### Main Ballroom

- 10:30 A.M. - **Workshop** – 10, 11 & 12 Launching Pad to the 4<sup>th</sup> Dimension.  
Mark H. - Chair: Don C.  
12:30 P.M. - **Workshop** – What Exactly is the 4<sup>th</sup> Dimension - Layla N.  
Chair: Rachel A.  
2:00 P.M. - **Local Speaker** – Steve H. - Chair: Katie P.  
4:00 P.M. - **Local Speaker** – Nicole S. - Chair: Dave B.  
5:30 P.M. - **Banquet Hall opens**  
6:00 P.M. - **Banquet served** – Grace: Dave C.  
7:00 P.M. - **Auction** – Auctioneer – Tom C.  
8:30 P.M. - **Keynote Speaker** – Mark H. (Austin, Texas)  
Chair: Rick T.  
10:30 P.M. - **Entertainment** – Jeopardy Championship (MC- Cameron F.)

### Mackenzie King Room

- 8:45 A.M. - **Meditation Through Integral Yoga**, Hatha Yoga Class  
Instructor: Laraine H.  
10:30 A.M. - **Atlantic North Regional Assembly**  
Chair: Trustee Robert L. (Rhode Island)  
12:00 P.M. - **Entertainment** - Jeopardy 2<sup>nd</sup> round (MC- Cameron F.)  
3:00 P.M. - **Meditation through Integral Yoga**, Hatha Yoga Class  
Instructor: Laraine H.  
5:00 P.M. - **Entertainment** - Jeopardy 3<sup>rd</sup> round (MC- Cameron F.)

SUNDAY NOVEMBER 8, 2009

### Main Ballroom

- 11:00 A.M. - **Brunch**  
12:15 P.M. - **Sobriety Countdown** – Chair: Bob A.

12:30 P.M. - **Closing Ceremonies** – Chair: Steve V. (SOCA Chair) and  
Cameron F. (SOCA Vice Chair)

12:40 P.M. - **Closing Speaker** – Patrique M. (Houston, Texas) – Chair: **Billy B.**

\*Speakers and Workshops in the **Main Ballroom** will be available on Audio  
CD 20 minutes after the end of the event.

## MARATHON MEETINGS

FRIDAY NOVEMBER 6, 2009

### Robert L. Borden Room

- 6:00 P.M. - No Defense  
7:00 P.M. - Tradition 3: The only requirement  
10:00 P.M. - Rigorous Honesty  
11:00 P.M. - Faith with Works

SATURDAY NOVEMBER 7, 2009

### Robert L. Borden Room

- 9:00 A.M. - Walk Hand-in-hand With the Spirit of the Universe  
10:00 A.M. - Tradition 7: Fully self supporting  
11:00 A.M. - A Psychic Change  
12:00 P.M. - Step 1  
1:00 P.M. - Step 2  
2:00 P.M. - Step 3  
3:00 P.M. - Spiritual Awakening  
4:00 P.M. - Conscious Contact  
5:00 P.M. - Working With Others  
6:00 P.M. - Finding Your Prospect  
7:00 P.M. - How Do You Know If You're Having a Spiritual Experience?  
10:00 P.M. - All Our Affairs  
11:00 P.M. - Step 10

SUNDAY NOVEMBER 8, 2009

### Robert L. Borden Room

- 9:00 A.M. - Developing That 6<sup>th</sup> Sense Within  
10:00 A.M. - Prayer & Meditation: Talking & Listening to God  
11:00 A.M. - Living by Spiritual Principals